

LOCAL RESOURCES FOR HELP

Bert Nash Center Visit [200 Maine Street | Lawrence, KS](#) or Call (785)843-9192

National Suicide Prevention Life-Line (800)273-8255

Crisis Text Line Text HELLO to 741741

Línea de Vida Nacional para la Prevención del Suicidio 888-628-9454

Headquarters Counseling Center (785)841-2345

LMH Emergency Room (785)505-5000

KU Child & Family Services Clinic (785)864-4416

DCCCA (Drug & Alcohol Use Disorders) (785)841-4138

KU Counseling & Psychological Services (785)864-2277

The Trevor Project (LGBTQ) Call (866)488-7386 or Text START to 678678

Haskell Health Center Behavioral Health (785) 832-4860

Veterans Crisis Line (800)273-8255 Press 1 to talk to someone
or Text 838255 to connect with a VA responder



Visit our website at BertNash.org/Services



The mission of the Bert Nash Center is to advance the health of the Douglas County community through comprehensive behavioral health services responsive to evolving needs and changing environments.

RESPONDING TO NEEDS

RESTORING LIVES

**BUILDING A HEALTHY
COMMUNITY**

A

Assess for risk of suicide or harm

L

Listen nonjudgmentally

G

Give reassurance and information

E

Encourage appropriate professional help

E

Encourage self-help and other support strategies



**MENTAL
HEALTH
FIRST AID®**